



Harmeny Education Trust

A place to live, a space to thrive.

Our Services



About Our Services

At Harmeny, we provide specialist care for children aged 5–18, whose lives have been impacted by trauma. Our approach is informed by our desire to be innovative, a need for consistency, and a recognition of the need for maintaining strong and relational links with everyone involved in the lives of young people living and learning with us.

We provide **Residential Education, Residential Care, and Day Education** services for young people across Scotland, with each service enhanced by our extensive **Outdoor Education** team. Our services are responsive, and shaped by the voices of our children and their needs.

We also have additional services for incoming and outgoing young people, to help with their transitions and keeping in touch, through our **Here4U** service.

We are committed to the aims of the promise; our work is child-centred, with opportunities for our young people to share their views and access independent advocacy through WhoCares? Scotland.

We recognise that each and every child has unique needs and skillsets. Through our bespoke services, we aim to help them to succeed in the way that suits them best, encouraging them to find and develop their interests along the way.

Within 12 months:

76%

of pupils increased their general
maths ability*

80%

of pupils increased their
reading ability*

*Based on INCAS assessments 2023–2024

***“We love to play in our play park.
Sometimes our toys like to join in too!”***



Residential Education

We provide a stimulating and creative education programme.

Our children and young people are supported by education and care staff to participate in all aspects of the school day. The curriculum is delivered through innovative teaching and experiential learning activities covering all eight areas of the Curriculum for Excellence. It is further enhanced by exceptional outdoor learning opportunities on the school estate and within the community.

The school buildings are purpose-built, with flexible spaces to allow for small group and individual learning. There are specialist facilities for PE, Art, and Food Technology, with workshops and vocational training opportunities available in our newly built Learning Hub. Additionally, there is a multi-media library, play room and an abundance of outdoor learning spaces such as the allotment, the “Venchie” (our adventure playground) and the pond.

We currently hold Rights Respecting School Accreditation at Bronze level, and have a Rights and Participation policy aligned with the United Nations Convention on the Rights of the Child (UNCRC).

Residential Care

We provide high quality residential care 24 hours per day, 7 days per week, 365 days per year. We have capacity for up to 31 children and young people to stay at Harmeny on a residential basis, with a team of dedicated residential care staff who go the extra mile to ensure that our children and young people feel safe, loved, nurtured and respected.

Our five cottages are warm and welcoming. Each one is a space for nurture and growth. Every child has their own bedroom, which is a space that they can decorate, socialise in, and make their own.

After school, on weekends, and during holidays, the children can relax and play in the cottages with their toys and friends. We have links with the local community to ensure that each child can extend their talents at clubs to suit their interests, and further develop their resilience.

Where appropriate, children are supported to have ongoing quality time with their family, siblings and other significant people in their lives, through visits, calls and overnight stays. We have a family centre on site where families or carers can meet their child and socialise in a supervised setting.

“Rain doesn’t stop us, we love to play football and get muddy”



63%

of our young people
have access to
CAMHS

We work with the Edinburgh South team at the Child and Adolescent Mental Health Services (CAMHS) to provide highly specialised mental health support to our young people.

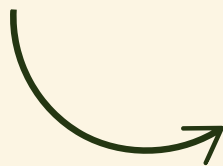
Day Education

The Day Service supports children who have found mainstream educational placements difficult to sustain, and who may have experienced placement breakdowns, including Additional Support for Learning (ASL) education placements.

Day placements focus on creating the best environment to support and encourage children to re-engage within Curriculum for Excellence through a range of varied learning experiences.

Our multi-disciplinary staff team works flexibly, 52 weeks per year, providing an education service during core school hours, as well as support to families during holiday periods. Through building positive relationships, alongside strengths-based and solution-focused approaches, we work to support families in creating a positive way forward together.

"I took this photo when I was learning in our rainbow room"

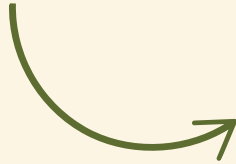


8

young people achieved
their Bronze ASDAN
Award in 2024



"I took this picture the first time we climbed up Arthur's Seat with Outdoor Education. There was a beautiful view of Edinburgh from the top!"



Outdoor Education

As part of our residential and day services, we have a strong focus on outdoor education. Our location, at the foot of the Pentlands, allows for a unique outdoor learning resource. Our grounds include: a mature woodland, pond, wildflower meadow, allotment, bird hide, mountain bike and go kart track, adventure playground, skate park, sports pitch and a wide range of outdoor play equipment.

We build resilience and help children to make choices about positive, active lifestyles through guided discovery, and activities such as biking, kayaking, hiking, camping, orienteering and burn-stomping.

By the time children and young people leave Harmeny, they will have experienced a wide variety of these activities, and learnt how to overcome adversity. These will have improved their physical and emotional wellbeing, grown their confidence, increased their awareness of the environment, and helped them to gain new skills and interests, which will last them a lifetime.

SQA Approved

We are an accredited SQA provider, enabling our young people to gain a wide variety of qualifications aligned with their skills and interests. This gives our young people confidence to move on to positive destinations, such as apprenticeships, college, university and work.

Here4U

Here4U is Harmeny's dedicated transitions and keeping-in-touch service. The service has expanded Harmeny's support for young people during and beyond their transition from Harmeny. We actively include young people in every part of the transition process, ensuring that they are at the heart of everything we do. We are committed to making transitions as seamless as possible, working alongside each individual and the team around them throughout the process.

Beyond the transition process, Here4U provides ongoing support and guidance to our former pupils up to the age of 26. We believe that our children and young people will always be part of Harmeny, and those aged over 26 continue to have opportunities to keep in touch with Harmeny and maintain connections with important people. Through conversations with our former pupils, we are able to gain a greater understanding of the impact that our therapeutic approaches have had on individuals, and learn from their experiences.

Harmeny Way

Everything that we do is underpinned by our own practice framework, known as The Harmeny Way. This model represents a unique combination of carefully considered therapeutic approaches, which have been developed and built on over time, and which are used to support each child's journey from placement through to transition.



Key strands

- Shared Harmeny ethos
- Creative and supportive environment
- Relational care and education
- Resilience framework
- Core theories and approaches
- The reflective team

Find out more

If you'd like to find out more or discuss a referral please get in touch:



Call: 0131 449 3938 / 07563 389 728

Visit: harmeny.org.uk/referrals

Email: referrals@harmeny.org.uk








**Harmeny
Education Trust**



**the promise
scotland**

Photos used throughout this leaflet were taken as part of Harmeny's photography club.

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Tel: 0131 449 3938 Website: www.harmeny.org.uk      @HarmenyEd

